



Former American Gladiator Dan “Nitro” Clark Brings Extreme Obstacle Course to Moreland, GA on Saturday, Sept. 8;

***Gladiator Rock’n Run* Participants to Battle Fire, Ice, Mud and More**

Atlanta, Georgia. (August 14, 2012)— Former American Gladiator **Dan “Nitro” Clark** has organized an obstacle course race fit for only the most daring competitors – ***the Gladiator Rock’n Run***, which for the first time comes to Georgia! This extreme 3.5 mile course (6K) features 17 challenging obstacles and will take place at **Bear Creek Farm in Moreland, Georgia**, one-hour from Atlanta, on Saturday, September 8th.

Admission for the event is \$65 until August 31st/\$75 until Sept. 7th, which includes a post-race party with three bands, food, beer, and muddy Gladiator Rock’n Run participants receiving awards for best times and costumes. Spectators are encouraged to attend to cheer on the Gladiators and take part in the post-race festivities.

“The inspiration for Gladiator Rock’n Run arose from my desire to create an unforgettable fitness experience that participants would not only come back to year after year, but would also tell their friends about,” said **Clark**. “It’s an extension of my life’s passion to put America on the path to a happier, healthier, and more fulfilling life.”

Obstacles include:

- **Skid Marks** – Plummet down a tarp into a muddy bog and experience mud in places it has never been before
- **Gladiator BBQ** – Race through fiery flames
- **Polar Bear Plunge** - Blast through a waist-deep icy pool of water
- **The Pit** – Take a plunge into this mysterious depths of this pool of mud
- **The Beast** – Release your inner beast to scale this monster of an obstacle
- **Trenches of Torment** – Crawl through the pitch black underground trenches
- **Tube Steak** – Grovel through the mud and stank to freedom!
- **Two Nightmare Mystery Obstacles**

Additional Photos Available Upon Request:



Previous Gladiator Rock'n Run events have averaged 7,500 competitors for what Clark describes as "the most insane one day event on the planet." Competitors are released in waves of 500, with the first wave taking on the course at 8 am and additional waves competing in 30 minute intervals.

Gladiator Rock'n Run benefits Talk About Curing Autism (TACA), an organization dedicated to educating, empowering and supporting families affected by autism. For families who have just received the autism diagnosis, TACA aims to speed up the cycle time from the autism diagnosis to effective treatments.

Gladiator Rock'n Run was launched by Clark in Los Angeles in December 2010. Clark, who as a defensive lineman played for the NFL's St. Louis Rams, is best known for his role as "Nitro" on the original *American Gladiators* television show (1989 - 92, 94-95), which aired in over 40 countries. He is an accomplished actor, writer, producer and director, and the author of the autobiography '*Gladiator: A True Story of Roids, Rage and Redemption.*'

For more information on Gladiator Rock'n Run or to sign-up please visit our website at www.gladiatorrocknrun.com or visit our Facebook page at [Gladiator Rock'n Run Facebook page](#).

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